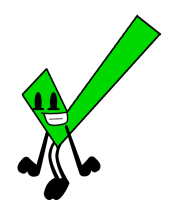
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|  | **Hospital/VAVS**  **January-February**  **2023-2024** | Cathline Vest  10295 Hwy 7  Clinton, MO 64735  816.223.7412  cvest28@gmail.com |

Throughout the year, our focus will be on the **2023-2024 Hospital/VAVS Goals**:

* Celebrating Traditional and non-Traditional Holidays including Valentines for veterans.
* Recruiting and engaging our Members’ and Non-Members as volunteers.
* Community Care, Telehealth and Compassionate Contact Corps
* Women’s Health Care
* Educate our local VA and non-VA medical facilities about the Honor Escort Program

Celebrating the traditional holidays with our veterans is probably already on your calendar. January 1st ; New Year’s Day, January 3rd Martin Luther King, Jr. Birthday; Valentine’ for Veterans Day – February 14th; and the Third Monday in February – Presidents Day. Here’s a few more non-traditional holidays to celebrate with our veterans…

|  |  |
| --- | --- |
| JANUARY | FEBRUARY |
| 2nd Buffet Day | 3rd Carrot Cake Day |
| 19th Popcorn Day | 9th Bagel and Lox Day |
| 22nd Hot Sauce Day | 15th Gumdrop Day |
| 27th Chocolate Cake Day | 24th Tortilla Chip Day |

**Two Bits - Four Bits - Eight Bits – A Dollar**

**All for our Veterans, Stand Up And HOLLER!**

How big is your impact on our Bits 4 Vets doing? Remember that this fundraiser “**BITS 4 VETS**” will ensure that the Department Hospital Program will remain funded in the coming years and our hospitalized veterans are not forgotten.

**Women Veteran Health Care**…VA hospitals and homes have made great advances in improving the needs of female veterans and service members. Information regarding Women Veteran Health Care is important to share with our female veterans and service members. Advise them of the many benefits that are specifically offered to women by the Department of Veterans Affairs that are in accordance with each individual hospital.

**Great Opportunities for Volunteers…** Volunteer opportunities are based on the facility where you volunteer. Many facilities have a volunteer program in place with specific jobs, events and needs. Always ask how you can assist and make sure you follow all guidelines established at that facility.

For more information on being a volunteer and other program topics, download the Hospital Program Guide at *vfwauxiliary.org/resources*.

**Sew-at-Home -** The Department of Missouri has a “Sew-at-Home” Program where *only Auxiliary Members* can earn “Sew-at-Home” pins. Applications are available from the Department Hospital Program Chairman or on the Department of Missouri website under hospital resources *www.vfwauxmo.org*.

Thank you for all you are doing for our veterans in this ***“Show-Me Year”*** while ***“Banding Together for Our Veterans.”***

Cathline Vest…<><