





Karen Cypret 2222 Whiplash Lane Washburn, Mo. 65772		January/ February	Missouri Hospital VAVS 2024-2025
417-342-7652 <a href="mailto:mohospitalvavs.kcypret@gmail.com">mohospitalvavs.kcypret@gmail.com</a>	Doctors' Notes		<i><b>“From Our Roots to Our Branches”</b></i> we are “Helping Veterans by Bridging the Gap” and “Giving our time and energy for our veterans in need.”

<b>Happy New Year!</b>	What are your plans for the new year? Did you hold a New Year’s Eve Celebration for our Veterans?
	Even if you are not there in person did you provide something for the celebration that they hold in the homes? Celebratons like these boost their moral and give them something to remember and talk about.
	
	Did you know that most homes allow champagne for the celebrations? They do.

<b>VAVS Home Liaison Only</b>	Have you noticed anything that the homes you are visiting are in short supply? If so, please reach out to me and I will make some calls. It is our obligation to make their lives easier as they gave so much for us. Don’t forget to Report Monthly.
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<b>Crafting at Home</b>	 Have you made a Busy Apron for people in the Veterans Homes who have dementia and needs a fiddle type of garment to keep their hands busy? You can find the pattern and guidelines online at <a href="http://www.vfwauxmo.org">www.vfwauxmo.org</a>
	Please remember to send in the volunteers’ hours for their Crafting-at-home pin. The deadline will be here before you know it.

<b>Unusual Holiday’s</b>	<table style="width: 100%; border: none;"> <tr> <td style="width: 50%; text-align: center;">           January         </td> <td style="width: 50%; text-align: center;">           February         </td> </tr> <tr> <td>           1st Boston Tea Party         </td> <td>           3rd Feed the Birds Day         </td> </tr> <tr> <td>           11th National Milk Day         </td> <td>           15th Slap Day         </td> </tr> <tr> <td>           21st World Snow Day         </td> <td>           23rd Battle of the Alamo         </td> </tr> <tr> <td>           31st National Backward Day         </td> <td>           28th National Pancake Day         </td> </tr> </table> 	January	February	1st Boston Tea Party	3rd Feed the Birds Day	11th National Milk Day	15th Slap Day	21st World Snow Day	23rd Battle of the Alamo	31st National Backward Day	28th National Pancake Day
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<b>Department Hospital Project</b>	We had a lot of cards brought to the Fall CofA for our deserving veterans. How many will your auxiliary bring to the Winter CofA? Bring them to the Winter Council of Administration in St. Louis February 7-8,2025 and we will get them to the veterans’ homes and hospitals. Thank you for the donations you have sent in to Jackie for the Hospital Program. It is much appreciated.
	

**MLK Day**  
**1-20-25**



“I Have A Dream” was a very powerful speech by a very humble man. Dr. Martian Luther King, Jr. It is an honor to celebrate the birthday of a man who gave his life for equality for all.

**Valentine Day**  
**2-14-25**

St. Valentine lived during the mid to late 3rd century. Valentine, a proponent of marriage, especially Christian marriage, married many couples in secret. When Claudius II discovered him, explains Kithcart, he sentenced Valentine to a three-part execution: beating, stoning, and then a beheading.



**Missouri Veterans Hospitals**



Harry S. Truman VA Medical Center (573)814-6000  
800 Hospital Drive, Columbia, MO 65201-5297  
Representative Eve Ward tomandeve2003@yahoo.com

John J. Pershing VA Medical Center (573)686-4151  
1500 North Westwood Boulevard, Poplar Bluff, MO 63901-3318  
Representative Tee Kuhnert tracy.tk18@gamil.com

Jefferson Barracks (314)652-4100  
1 Jefferson Barracks Drive, St. Louis, MO 63125-4199  
Representative Tee Kuhnert tracy.tk18@gamil.com

Kansas City VA Medical Center (816)861-4700  
4801 Linwood Boulevard, Kansas City, MO 64128-2226  
Representative Ann Bartholome ann5606@yahoo.com

**Physicians' RX**



I hope you had a wonderful holiday season. It is time to get back to work for our very deserving veterans who still need us as much now as they did during the holiday season. Don't forget to post on Social media what you have been doing and use the hashtag **#MohospitalVAVS**

**Remember to Report, Report, Report.**

Until next time, be safe and work, work like the ants, as a team.

~ Dr. Karen ~