Karen Cypret 22222 Whiplash Lane Washburn, Mo. 65772

November/ December Missouri Hospital VAVS 2024-2025

417-342-7652

mohospitalvavs.kcypret@gmail.com

Doctors' Notes "From Our Roots to Our Branches" we are "Helping Veterans by Bridging the Gap" and "Giving our time and energy for our veterans in need."

Happy Holidays



The Holidays are upon us! This is the time of year that we all go to the hospitals, veterans' homes and nursing homes to give of our time and goods. What is your auxiliary planning this year? What is your Outstanding Project going to be during this time of year?



November 6th Election Day November 11th Veterans' Day November 28th Thanksgiving Day December 1st First Day of Advent December 25th Christmas

December 26th Hannukah and Kawanza

Suicide Awareness



Department President Amy Jo has as one of her projects Suicide Awareness. Get out in your community and let them know that 988 is the easy number to call for help. No one should feel like un-aliving themselves will fix things. The Holidays are the hardest times for people, it is called survivors guilt a lot of the time. Let us try to take some of that pressure off of their shoulders by listening to their cries for help and get them the help they need. Each person is precious.

Crafting at Home

Have you thought about making homemade Greeting Cards? You can get your youth involved in this. Kids love to craft. People enjoy getting homemade cards. How about having a crafting party at your next District meeting making holiday cards for those who are in the hospital and homes? Don't forget to report that also.

Department Hospital Project

Our special project of \$20 Wal-Mart gift cards has been the topic of conversation at the Department CofA this past September 27-28th. We are making sure that the cards ARE in working order. Thank you to all who donated towards this fine project. We collected 148 cards and \$200.00 in cash donations. I'm blessed by the generosity of our members.

Operation Bottom Cover

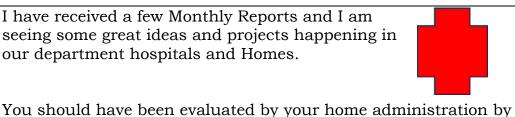
Our own National Presidents Brenda Bryant special project **Operation Bottom Cover** is still under way. This is to help get diapers and wipes to veterans and active service members.



Diapers and wipes are expensive, if there is one thing we can do to help young families, it is these items. Bring them to the Winter CofA also. We will make sure they get where they need to go.

VAVS Reps AND Veteran Homes Liaisons

I have received a few Monthly Reports and I am seeing some great ideas and projects happening in our department hospitals and Homes.



Missouri Veterans' Home

Warrensburg Veterans Home 1300 Veterans Road Warrensburg, MO. 64093 Phone: 1-660-543-5064

now, if not, ask them when they are planning on doing that. In 1988, demographics showed that a seventh Veterans Home should be built in West Central Missouri and on Sept. 26, 2000, Missouri Veterans Home - Warrensburg opened its door. In our nearly 23 years, we have served over 2,941 veterans and their families. Every year we look forward to hosting our family weekend Fall festival, transforming our chapel into a winter wonderland and cheering on the Kansas City football team. We offer a variety of activities and services to keep Veterans engaged, creating a sense of community at the Home. The Administrator is Jamie McCannon and the Volunteer Services is Latisha Koetting. The Dept. of Mo. Veterans' Home Liaison is Vickie McCarty.

Online Reporting



Online reporting is the only way to do any reporting. You can do that at www.vfwauxmo.org Click members only, sign in with your auxiliary number and your password is your last name lowercase. Once there, go to reporting and fill out EVERY part of the report. If things are missing you will be asked to resubmit the report to fill in what is missing. This makes it much easier to do the judging. It also shows up on the dashboard so your auxiliary will know that it's been reported. As a reminder these are the things I'm looking for this year.

www.vfwauxmo.org

- How much money did you donate
- How many handmade cards did you complete
- Most Outstanding project

Physicians' \mathfrak{RX}



Let's not forget our veterans when we get busy this time of year. I hope you have a wonderful holiday season. Merry Christmas, Happy Kawanza, Happy Hanukkah and Happy New Year!

Until next time, be safe and work, work like the ants, as a team. ~Dr. Karen~