

Busy Apron Guidelines

- **Material**
 - Cotton/Polyester blends launder the best.
 - Heavy duty material, but not stiff.
 - Apron neck strap should be soft enough that it will not cause irritation.
 - Neck strap should be attached using 1 inch wide Velcro that is about 2 inches long.
 - When choosing materials, keep in mind that aprons must be washed using hot water and bleach between patients.
 - Pre-washed materials will avoid problems with shrinkage and running of dyes.

- **Color Contrast**
 - Many of the veterans using the aprons will have low vision. Please use colorful materials that will provide maximum contrast.
 - Color Combinations that work best are:
 - White Apron
 - Navy, Red, Kelly Green, Medium Blues
 - Simple prints
 - Military themes

- **Stitching**
 - Stitching on the apron must be very sturdy.
 - Appliqué zigzag stitching must be at least 1/8 inch wide.
 - Double stitching is best, especially where pulling of material occurs.
 - Color of thread is a matter of choice.

- **Activities on Apron**
 - Buttons
 - Buttons must be at least 1½ inch in diameter. Plastic buttons are the best for durability. Please do not use wood or metal.
 - Make the buttonholes large enough that weak or shaky fingers can easily button and unbutton.
 - Buttons should be spaced with 1-2 inches between the button edges.
 - Stitching must be very strong, especially on the buttonholes.

